

**Event Schedule**  
**Friday April 19<sup>th</sup>, 2013**  
**UNCW's Student Recreation Center**

<b>REGISTRATION:</b>	<b>10:00 AM – 2:00 PM</b>
<b>Time</b>	<b>Activity</b>
10:00-10:30 AM	Zumba
10:30-11:00 AM	Zumba
10:00 AM-1:00 PM	Healthy Cooking Demo
10:00 AM -1:00 PM	Chair Massage
10:00AM -1:00 PM	Wheelchair Tennis
10:00AM -1:00 PM	Accessible Golf
10:00AM -1:00 PM	Climbing Wall
10:00AM -1:00 PM	Wheelchair Basketball
10:00AM -1:00 PM	Assistance Dogs: paws4people
10:00AM -1:30 PM	Ping Pong
10:00AM -1:30 PM	Bocca Ball
10:00AM -1:30 PM	Disc Golf
10:00AM -1:30 PM	Corn Hole
10:00AM -1:30 PM	Ladder Ball
10:00AM -2:00 PM	Ability Garden
10:00 AM-2:00 PM Every 30 minutes	Fitness Machines
10:00AM -2:30 PM	Assistive Technology
11:00 AM-Noon	Power Hockey
12:00 - 12:30 PM	Seated Yoga
12:30 - 1:00 PM	Seated Yoga
1:30-2:30 PM	Wheelchair Basketball - Port City Spokesman

*Schedule is subject to change*